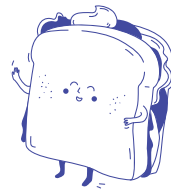




BREAKFAST

DINE IN

6AM-11AM



Tinys Toasty 12

Smoked shaved leg ham, american cheese, tomato salsa, french mustard, pickles, butter toasted vienna bread

Vegetarian Toasty 12

Provolone cheese, wilted spinach, tomato salsa, avocado, american cheese, butter toasted vienna bread (v)

Truffle Cheese Toasty 12

Black truffle, ricotta, provolone cheese, rocket lettuce (v)

Prosciutto & Pesto Toasty 12

Provolone cheese, roma tomato, san danielle prosciutto, basil pesto

Avocado Bruschetta 14

Toasted vienna bread, smashed avocado, feta cheese, dukkah, sesame, cherry tomato (v)
Add Poached Egg : \$2

Eggs Benedict 15

Poached free range eggs, turkish toast, shaved leg ham, hollandaise, chives and sumac (smoked salmon add \$5)

Breakfast Tortillas 15

Poached free range eggs, tomato salsa, black beans, corn tortilla, avocado, feta, coriander, sour cream, fresh jalapenos (v) (gf)
add chorizo +4

Poached Eggs 10

2 poached eggs served on vienna bread or turkish toast

Breakfast Nourishment Bowl 15

Roast spiced cauliflower, crisp kale florets, labneh, pomegranate, avocado, dukkah, soft boiled egg, lemon, dill (gf, v)
add: smoked salmon +5

Granola & Yoghurt 14

Our own toasted granola shaved coconut, organic cinnamon, pumpkin seeds, walnuts, dried fruit, low fat yogurt (v) (gf)

Acai Bowl 16

Organic acai berry, coconut water, mango, shredded coconut, granola, fresh berries and seasonal fruit (gf, v) add : peanut butter +2

Bircher Muesli 14

Rolled oats, activated seeds, manuka honey soaked apricots, banana, low fat yoghurt cacao nibs, fresh berries (v) (gf)

Toast 4.5

White or brown vienna bread, turkish, gluten free or fruit loaf
served with cultured butter and choice of berry jam, nutella, vegemite, or peanut butter

Sides

Hash brown 4 , poached egg 4 , tater tots 4, avocado 4 , feta 4, cherry tomatos 4, mushrooms 4 , haloumi 4, smoked salmon 6, shaved leg ham 6 , san danielle prosiutto 6, chorizo 4

COLD PRESSED JUICES

- Valencia Orange** 100% Australian oranges 7.5
- Daily Greens** Apple, celery, spinach, kale, lemon, cucumber, parsley 7.5
- Watermelon** Watermelon, apple, cucumber, raspberry, lime 7.5
- Sweet Cheeks** Apple, cucumber, lime, raspberry, watermelon 7.5
- Up Beet** Beetroot, apple, carrot, ginger, lemon, celery 7.5
- Eagle Eye** Carrot, apple, orange, pineapple, lemon, tumeric 7.5
- Cloudy Apple** 100% Australian apples 7.5

SMOOTHIES

Green Living • 11

Coconut Milk, spinach, avocado, mango, medjool dates, banana, MCT oil, toasted coconut, plant protein, chia seeds (ve)

Acai • 12

Organic acai berry, coconut water, mango, shredded coconut, granola, fresh berries, seasonal fruit (v)

Biscoff • 11

Almond milk, banana, plant protein powder, Lotus Biscoff biscuit spread, salted caramel, cacao nibs (ve)

Ferrero Rocher • 11

Organic cacao, MCT oil, banana, plant protein, nutella, coconut milk, toasted hazelnuts, whipped cream (v)